

FOOTHILL PULMONARY AND CRITICAL CARE CONSULTANTS MEDICAL GROUP, INC.

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ANTICOAGULATION CLINIC

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Initial_____ All finger sticks will be scheduled on **Mondays from 8am-12noon** and **Tuesday-Friday 8am-9am.**

Initial_____ All of the following information is available on our web site at www.foothillpulmonary.com.

Initial_____ I received the Warfarin (Coumadin) patient education printout.

Initial_____ We will always adjust your Coumadin dosage to you. We do not adjust your diet to Coumadin.

Initial_____ Take your Coumadin at approximately **6:00 p.m. every day.**

Initial_____ **Always get your INR (Coumadin levels) checked at the same time every day.**

Initial_____ Unless you hear from the medical assistant or your physician to change your dose, continue the same dosage of Coumadin as directed before.

Initial_____ Take all medications as ordered by your other physicians. Remind all of your other physicians that you are on Coumadin before they prescribe any new medications.

Initial_____ Do not take any NSAIDs including but not limited to Aspirin, Advil, Aleve, Naproxen, Motrin, Celebrex, etc., without notifying one of your physicians.

Initial_____ When you come in for an **INR** Coumadin test, please tell us if you are taking any new medications, especially antibiotics or Amiodarone.

Initial_____ The **INR** (aka **QPT**) is the effective Coumadin level in your body. Our goal is 2.0-3.0 unless you have a heart valve or other goal requested by your physician.

Initial_____ Call 911 or your physician immediately for dizziness, weakness, bleeding, or bruising easily. Your Coumadin level may be too high.

I have read and agree to the above.

Signature

Date

Print Name